



Empowering you to live a healthy and vibrant life!!

Fact Sheet

Gail Okray * Owner
gail@keyelementswi.com

920-366-1896
2701 Larsen Road Suite 118 Green Bay, WI 54303
www.keyelementswi.com

What We Do

The National Complementary or Alternative Medicine (CAM) website describes Jin Shin Jyutsu as “an oriental system intended to harmonize the flow of energy through the body. The system holds that tension, fatigue, or illness can trap energy in the body’s twenty-six “safety energy locks”: Practitioners use their hands to restore balance and reduce stress. Jin Shin Jyutsu is not a form of massage, as it does not involve physical manipulation of the muscles.” *A non-invasive energetic practice distantly related to acupuncture/acupressure but without the needles.*

Gentle

Safe

Effective

This **non-invasive** oriental system uses no aromatic fragrances, no herbal remedies, no needles or moxibustion therapy, just the application of touch over clothing. It employs 52 areas located on the animal’s body to facilitate movement of the energetic pathways. Our seventeen years of experience makes Key Elements for Health the most **knowledgeable** Jin Shin Jyutsu office in the community. We **impact** the community by volunteering at local human and rescue organizations. Quality of life improves by managing arthritic conditions, post-traumatic stress, reducing stress and improvement of back and leg injuries. Performance animal’s longevity has been enhanced and extended through the use of Jin Shin Jyutsu sessions.

How we impact the lives of Military animals:

Mounted and Canine Patrol animals, assistance dogs and their handlers by improving their quality of Life.

Animals including Service and Military

Military:

5% of the 650 million military dogs used today suffer from PTSD. (IVC Journal v213 by Janice Huntingford DVM)
When these dogs are not effective at their job, there is more at stake than just the dog.

Aid in recovery of trauma, injury, improve flexibility and increase longevity in the field.

Service animal for those with disabilities.

Reduce stress, improve flexibility, maintaining health proactively.

- *Reduce Pain
 - *Increase muscle strength, flexibility and range of motion
 - *Improve Circulation
 - *Reduce muscle tightness and spasms
 - *Reduce anxiety and stress
- PTSD Stress Backaches

